



Needle Stick Injuries

BLEED IT | WASH IT | COVER IT | REPORT IT

If you pierce or puncture your skin with a used needle, follow this first aid advice immediately:

- Encourage the wound to bleed
- Wash the wound using running water and plenty of soap
- Do not scrub the wound while you're washing it
- Do not suck the wound
- Dry the wound and cover it with a waterproof plaster or dressing
- Fill out an accident questionnaire to help keep track on what happened
- Contact NHS 111 or go to your nearest A&E department

DON'T WAIT AROUND- NEEDLESTICK INJURIES NEED TO BE CHECKED

